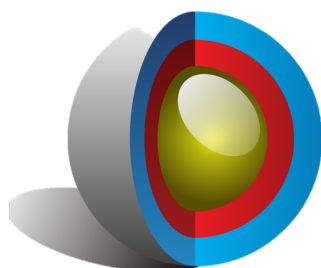




Institute for **Outdoor Learning**

Outdoor Learning Coaching

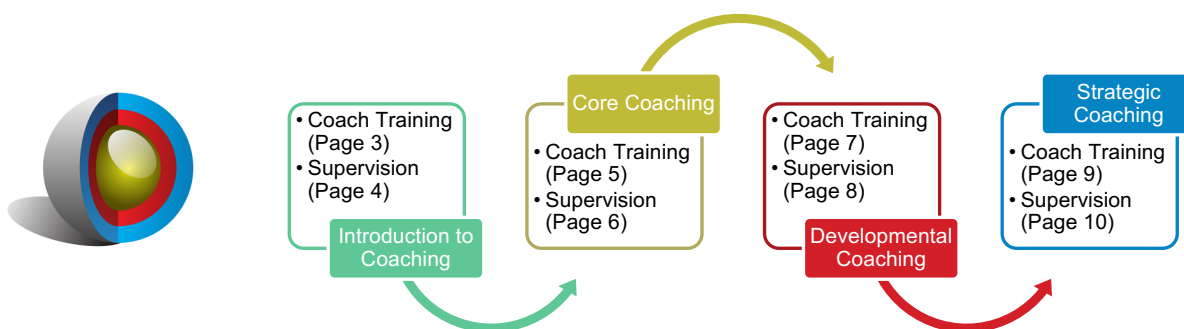


**TRAINING &
SUPERVISION
WORKSHOPS
2019**

OUTDOOR LEARNING COACHING WORKSHOPS 2019

Welcome to IOL's coach training and supervision workshops 2019.

We have eight workshops – these are designed in line with the three approaches adopted by IOL, namely; core coaching; developmental coaching; and strategic coaching.



The introductory webinars are a chance to learn more about the IOL model of coaching and discover the right training level or webinar for you to attend [Read more about the different levels...](#)

Each coach training workshop is one day long. Have a look at the key themes & content, think about who your coaching is aimed at or what is the intention behind your coaching and choose the workshop most appropriate to your needs.

Each supervisory webinar is an hour-long and offers you the opportunity to reflect on what is working, what isn't, discuss your action plans with your peers and explore your coaching questions or dilemmas. You can attend the supervision sessions if you participated in the coach training workshop or are an experienced outdoor learning coach at the right level.



2019 PROGRAMME

Page	Title	Location	Date
3	Introduction to Outdoor Learning Coaching	Online	Tuesday 18th June 2019 19:00-20:00
4	Introduction to Coaching Supervision	Online	Tuesday 16th July 2019 19:00-20:00
5	Core Coach Training Workshop	Central Birmingham	Tuesday 3 rd September 2019 10:00 – 16:30

6	Core Coach Supervision	Online	Tuesday 19 th November 2019 19:00-20:00
7	Development Coach Training Workshop	Central Birmingham	Tuesday 1 st October 2019 10:00 – 16:30
8	Development Coach Supervision	Online	Tuesday 10 th December 2019 19:00-20:00
9	Strategic Coach Training Workshop	Central Birmingham	Tuesday 12 th November 2019 10:00 – 16:30
10	Strategic Coach Supervision	Online	Tuesday 7 th January 2020 19:00-20:00

Core Coaching

Focus on goals & solving problems
Identifying solutions
Uses listening, questioning and a coaching structure
Coach leads the process, coachee owns the outcome

Developmental Coaching

Focus on change & performance
Selecting from a range of options
Uses a range of coaching skills, tools and models
Coach adapts process to meet coachee needs

Strategic Coaching

Focus on whole person or group
Working-out new tactics / strategies
Uses a flexible, responsive and non-directive style
Process is co-created by coach and coachee

DEFINITIONS

Coaching is an activity within the area of personal and professional development with a focus on individuals and teams and relying on the individuals own resources to help them to see and test alternative ways for improvement of competence, decision-making and enhancement of their potential.

An Outdoor Learning Coach is a professional, skilled in establishing a working relationship with an individual or group, with the specific intent of working towards an agreed outcome. This outcome could relate to technical skills, personal development or both.

FACILITATOR

Jo McCready-Fallon will be running these workshops and hosting the webinars. He may invite speakers to come along to provide part of the input.

Jo specialises in coaching and delivers coach training and supervision alongside outdoor learning. He is a Leading Member of IOL. He instigated the IOL outdoor learning coaching project, presented at the 2018 UK Outdoor Learning Sector Conference and has been central to IOL developments in coaching.

INVESTMENT

Membership Type	Online Webinars	One-day Workshops
IOL Practitioner Members (RMIOL, AMIOL, LMIOL) included as part of their membership benefit	FREE	£20
IOL General Members (student / associate), Employees of an IOL Organisational Member, Members of AHOEC, BAPA, OEAP, CIMSPA, MTA, AMI, BCa, BC, AGB, BCy, RYA, etc.	£10	£45

BOOKING

There are limited spaces available for these workshops – book your space direct at the IOL website.

<https://www.outdoor-learning.org/Events/All-Events-Courses>

INTRODUCTION TO OUTDOOR LEARNING COACHING

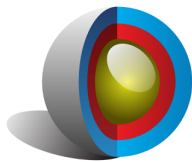
DATE: Tuesday 18th June 2019

LOCATION: Online

TIMING: 19:00 – 20:00

KEY THEMES

- What is outdoor learning coaching (and what it is not)
- Why coaching is a valuable tool for outdoor learning professionals



CONTENT

You will cover

1. An understanding of Outdoor Learning Coaching
2. The three areas of application of outdoor learning coaching
3. The value of outdoor learning coaching for those you work with
4. Your next steps for developing as a coach

AIMED AT

- All paid or voluntary professionals in Outdoor Learning
- People new to coaching or interested in becoming a coach



INVESTMENT

- FREE IOL Practitioner Members (RMIOL, AMIOL, LMIOL) included as part of their membership benefit
- £10 IOL General Members (student / associate), Employees of an IOL Organisational Member, Members of AHOEC, BAPA, OEAP, CIMSPA, MTA, AMI, BCa, BC, AGB, BCy, RYA, etc.

BOOKING

- Maximum 12 spaces
- Book direct at the IOL website.

www.outdoor-learning.org

INTRODUCTION TO COACHING SUPERVISION

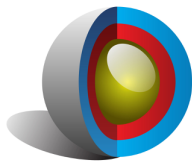
DATE: Tuesday 16th July 2019

LOCATION: Online

TIMING: 19:00 – 20:00

KEY THEMES

- What is coaching supervision (and what it is not)
- Why supervision is a valuable process for outdoor learning coaches



CONTENT

You will cover

1. An understanding of coaching supervision
2. The value of coaching supervision for those you work with
3. An opportunity to share your experiences and get support
4. Your next steps for developing as a coach

AIMED AT

- All paid or voluntary professionals in Outdoor Learning
- People new to coaching or interested in becoming a coach



INVESTMENT

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BOOKING

- Maximum 12 spaces
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www.outdoor-learning.org

CORE COACH TRAINING WORKSHOP

DATE: Tuesday 3rd September 2019

LOCATION: Central Birmingham

TIMING: 10:00 – 16:30

KEY THEMES

- Focusing on a goal
- Working with individuals

Core Coaching

Focus on goals & solving problems
Identifying solutions
Uses listening, questioning and a coaching structure
Coach leads the process, coachee owns the outcome

CONTENT

You will cover

1. Understanding a coaching model & tools
2. Getting to grips with questioning and listening
3. Fostering the behaviours of a coach
4. Your next steps for developing as a coach

AIMED AT

- People new to coaching or interested in becoming a coach
- Paid or voluntary professionals working with planned day-to-day activity

INVESTMENT

- £20 IOL Practitioner Members (RMIOL, AMIOL, LMIOL) included as part of their membership benefit
- £45 IOL General Members (student / associate), Employees of an IOL Organisational Member, Members of AHOEC, BAPA, OEAP, CIMSPA, MTA, AMI, BCa, BC, AGB, BCy, RYA, etc.

BOOKING

- Maximum 12 spaces
- Book direct at the IOL website.

www.outdoor-learning.org



CORE COACH SUPERVISION

DATE: Tuesday 19th November 2019

LOCATION: Online

TIMING: 19:00 – 20:00

KEY THEMES

- How are your coaching sessions going?
- Follow-up for attendees of the Core Coach Training Workshop

Core Coaching

Focus on goals & solving problems
Identifying solutions
Uses listening, questioning and a coaching structure
Coach leads the process, coachee owns the outcome

CONTENT

You will cover

1. A model for coaching supervision
2. An opportunity to share your experiences and get support
3. Your next steps for developing as a coach

AIMED AT

- Paid or voluntary professionals working with planned day-to-day activity

INVESTMENT

- FREE IOL Practitioner Members (RMIOL, AMIOL, LMIOL) included as part of their membership benefit
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BOOKING

- Maximum 12 spaces
- Book direct at the IOL website.

www.outdoor-learning.org



DEVELOPMENT COACH TRAINING WORKSHOP

DATE: Tuesday 1st October 2019

LOCATION: Central Birmingham

TIMING: 10:00 – 16:30

KEY THEMES

- Being flexible and responsive in leadership situations
- Working with individuals and teams
- Using coaching as part of the supervisory process

Developmental Coaching

Focus on change
& performance
Selecting from a
range of options
Uses a range of
coaching skills,
tools and models
Coach adapts
process to meet
coachee needs

CONTENT

You will cover

1. Understanding a range of coaching models
2. Understanding coaching & mentoring
3. Use of psychometric tools & learning preferences
4. Use of 'clean language' and 'killer questions'
5. Fostering the development of staff
6. Your next steps for developing as a coach

AIMED AT

- People who have been coaching for a couple of years
- Paid or voluntary professionals working tactically, facilitating multi-step outcomes

INVESTMENT

- £20 IOL Practitioner Members (RMIOL, AMIOL, LMIOL) included as part of their membership benefit
- £45 IOL General Members (student / associate), Employees of an IOL Organisational Member, Members of AHOEC, BAPA, OEAP, CIMSPA, MTA, AMI, BCa, BC, AGB, BCy, RYA, etc.

BOOKING

- Maximum 12 spaces
- Book direct at the IOL website.

www.outdoor-learning.org



DEVELOPMENT COACH SUPERVISION

DATE: Tuesday 10th December 2019

LOCATION: Online

TIMING: 19:00 – 20:00

KEY THEMES

- How are your coaching sessions going?
- Follow-up for attendees of the Development Coach Training Workshop

Developmental Coaching

Focus on change & performance
Selecting from a range of options
Uses a range of coaching skills, tools and models

Coach adapts process to meet coachee needs

CONTENT

You will cover

1. A model for coaching supervision
2. An opportunity to share your experiences and get support
3. Your next steps for developing as a coach

AIMED AT

- Paid or voluntary professionals working tactically, facilitating multi-step outcomes

INVESTMENT

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BOOKING

- Maximum 12 spaces
- Book direct at the IOL website.

www.outdoor-learning.org



STRATEGIC COACH TRAINING WORKSHOP

DATE: Tuesday 12th November 2019

LOCATION: Central Birmingham

TIMING: 10:00 – 16:30

KEY THEMES

- Focusing on strategic goals
- Coaching within an organisation
- Coaching individuals to have impact on others
- Coaching as a 'sounding board'

Strategic Coaching

Focus on whole person or group
Working-out new tactics / strategies
Uses a flexible, responsive and non-directive style
Process is co-created by coach and coachee

CONTENT

You will cover

1. Coaching flexibility – the coaching of managers & leaders
2. Use of feedback, psychometrics and application of mentoring
3. Creating a coaching culture – dealing with barriers & obstacles
4. Your next steps for developing as a coach

AIMED AT

- Experienced coaches
- Paid or voluntary professionals working operationally, thinking medium/long term

INVESTMENT

- £20 IOL Practitioner Members (RMIOL, AMIOL, LMIOL) included as part of their membership benefit
- £45 IOL General Members (student / associate), Employees of an IOL Organisational Member, Members of AHOEC, BAPA, OEAP, CIMSPA, MTA, AMI, BCa, BC, AGB, BCy, RYA, etc.

BOOKING

- Maximum 12 spaces
- Book direct at the IOL website.

www.outdoor-learning.org



STRATEGIC COACH SUPERVISION

DATE: Tuesday 7th January 2020

LOCATION: Online

TIMING: 19:00 – 20:00

KEY THEMES

- How are your coaching sessions going?
- Follow-up for attendees of the Strategic Coach Training Workshop

Strategic Coaching

Focus on whole person or group
Working-out new tactics / strategies
Uses a flexible, responsive and non-directive style
Process is co-created by coach and coachee

CONTENT

You will cover

1. A model for coaching supervision
2. An opportunity to share your experiences and get support
3. Your next steps for developing as a coach

AIMED AT

- Paid or voluntary professionals working operationally, thinking medium/long term

INVESTMENT

- FREE IOL Practitioner Members (RMIOL, AMIOL, LMIOL) included as part of their membership benefit
- £10 IOL General Members (student / associate), Employees of an IOL Organisational Member, Members of AHOEC, BAPA, OEAP, CIMSPA, MTA, AMI, BCa, BC, AGB, BCy, RYA, etc.

BOOKING

- Maximum 12 spaces
- Book direct at the IOL website.

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